

## MICROLASERPEEL

A MICROLASERPEEL REMOVES A THIN LAYER OF DAMAGED SKIN TO IMPROVE TEXTURE AND PROVIDE A MORE YOUTHFUL APPEARANCE. IT PROVIDES SUPERIOR RESULTS BECAUSE IT CAN BE ADMINISTERED WITH GREAT PRECISION OF DEPTH. THE PROCEDURE IS PERFORMED IN YOUR PHYSICIAN'S OFFICE AND CAN BE CUSTOM TAILORED TO YOUR SPECIFIC SKIN CONDITIONS AND DESIRED OUTCOME.

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### Preparing for your MicroLaserPeel

To prepare for the MicroLaserPeel, please do not be tan. You must also plan to stay strictly covered from sun exposure with sunscreen and hats for two weeks. Plan for about a week of "downtime" after the Halo treatment where your skin will look different. ***You should plan to arrive to your appointment one hour early for topical numbing cream.*** The treatment itself causes little pain because it does not penetrate very deep into the skin. You may be given an oral antiviral medication to be taken prior to and after the procedure. Please discontinue any Retin-A or similar medications for one week prior to the treatment.

### Aftercare for MicroLaser Peel

Sunscreen and sun avoidance are important after MicroLaserPeel. Please plan to stay strictly covered from sun exposure for two weeks. Additionally, you will be advised to keep your skin covered with either a barrier ointment (like Vaseline) or a moisturizer, depending on the nature of your treatment. Your daily post-procedure skin care should look like this:

- 1 Wash with a gentle cleanser twice daily
- 2 Apply a barrier cream like Elta MD laser balm or Vaseline several times daily to keep skin moisturized
- 3 Apply a sunscreen during the day like Elta MD UV Physical or UV Pure
- 4 Please refrain from applying makeup until the skin is healed
- 5 The physician may prescribe an oral antiviral medication called Valtrex. If so, you should begin taking this medication starting the day of the procedure.

### What to expect after MicroLaser Peel

The after effects of the MicroLaser Peel can vary from person to person depending on the nature of the treatment.

- Redness: This is normal and expected. Redness generally increases in intensity the first few days after treatment with day 3 being the most intense. Redness can persist for up to 7-10 days depending on the aggressiveness of the treatment.
- Swelling: Mild swelling can occur after the Microlaser peel, similar to a bad sunburn. To relieve swelling, consider using cold compresses or sleeping elevated on several pillows.
- Peeling & flaking: As the redness and swelling begin to fade, peeling or flaking of the skin is common. Use of recommended skin care products will help to alleviate this side effect of the procedure.

### Please call us if you notice any of the following:

- Blistering or cold sores
- Worsening pain
- Yellow crusting or oozing
- Fevers/chills
- Extreme itching, especially with pimples or worsening redness/rash

***If you have any questions regarding your treatment do not hesitate to call the clinic at 435-602-1918***