
EXCEL V TREATMENT (KTP LASER)

THE EXCEL V LASER IS A LASER TREATMENT GREAT FOR IMPROVING BOTH RED AND BLUE VESSELS AND BROWN SPOTS ON THE SKIN. BEST IMPROVEMENTS ARE SEEN AFTER A SERIES OF TREATMENTS. THE "DOWNTIME" FROM THIS PROCEDURE IS USUALLY MINIMAL. EXCEL V IS GREAT FOR REDNESS FROM ROSACEA, VISIBLE VESSELS AND FOR BROWN SPOTS OF SUN DAMAGE.

Preparing for Excel V

The most important step for preparation prior to Excel V is staying out of the sun. We cannot treat you as successfully if you are tan. If you have a history of cold sores, sometimes light-based treatments can trigger a cold sore. It is reasonable to take a cold sore medication by mouth prior to your treatment should you have frequent recurrent cold sores. Please let us know if this is the case. The treatment is done without topical numbing and is quite tolerable. During the treatment, your eyes are protected, but you will still perceive a flash of light. The pulses will feel warm or snappy. You may continue your topical antiaging creams before and after the treatment.

Aftercare for Excel V

Sunscreen and sun avoidance are important after Excel V. Please plan to stay strictly covered from sun exposure for two weeks. Please refrain from doing strenuous exercise or other activity that may cause flushing and blushing for the day after the treatment. This can counteract the effects of the laser.

What to expect after Excel V

After Excel V treatment your dark spots may look slightly darker. This will slowly disappear over 7 days. Swelling is very common after the treatment and usually lasts 2-3 days. Redness for the day after the treatment is expected, but this usually resolves in the hours after the treatment. Bruising can rarely occur and takes 7-10 days to resolve. Very rarely crusting can occur. Continue normal skin care after Excel V treatment including gentle cleansers and moisturizers, and especially sunscreen. Side effects on the extremities take longer to resolve, especially the legs.

It takes one month to see the final results of the laser.

Please call us if you notice any of the following:

- Blistering
- Crusting
- Pain

These are rare reactions, but if you experience them, please call the office at 435-602-1918.