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## **DESTRUCTION OF BENIGN LESIONS**

Destruction of benign lesions is a treatment using electrodesiccation (electrical heat cautery) to remove unwanted enlarged pores or other benign lesions on the skin. This is a hand-held device that is heated by an electric current and applied directly to the skin. This procedure usually requires 1-2 treatments. A few examples of benign lesions that we treat in this manner are sebaceous hyperplasia, dermatosis papulosa nigra, seborrheic keratoses, and cherry angiomas.

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### **Preparing for your appointment**

No preparation is necessary for this treatment. Please plan to arrive one hour early for topical numbing, unless instructed otherwise. The treatment will leave a small superficial sore at the treatment site. After 4-7 days the skin will be healed.

### **Aftercare for destruction of benign lesions**

After your treatment, all of the spots that are treated will appear red and slightly inflamed. A thin layer of Vaseline will be applied to each spot. You will need to apply Vaseline three times daily to each area treated for one week, or until the areas have healed. Many times, lesions of this type require more than one treatment. If this is the case for you, treatments would be done no sooner than one month apart.

### **What to expect from your treatment**

- Small crusts or scabs
- Redness that lasts several weeks after the skin heals

*If you have any questions or concerns regarding your treatment do not hesitate to call the clinic at 435-602-1918*